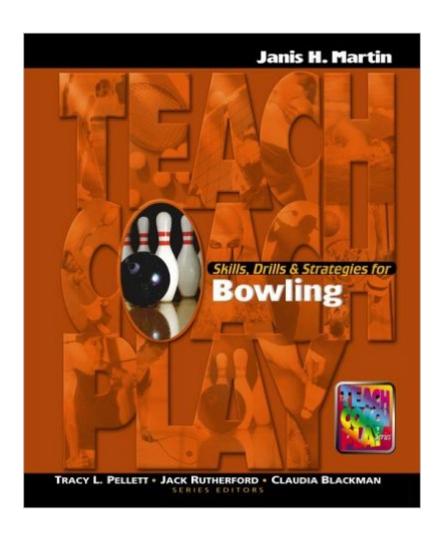
The book was found

Skills, Drills & Strategies For Bowling (Teach, Coach, Play Series)





Synopsis

Book by Martin, Janis H.

Book Information

Series: Teach, Coach, Play Series

Paperback: 208 pages

Publisher: Routledge; 1 edition (November 3, 1999)

Language: English

ISBN-10: 1890871168

ISBN-13: 978-1890871161

Product Dimensions: 11 x 8.6 x 0.4 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 3.9 out of 5 stars Â See all reviews (7 customer reviews)

Best Sellers Rank: #2,041,871 in Books (See Top 100 in Books) #91 in Books > Sports &

Outdoors > Individual Sports > Bowling

Customer Reviews

This book is very very basic. I'm surprised at Jose the bowlers' review. He could only have been talking about conventional vs fingertip drilling as this book does not address the layout and drilling of a bowling ball at all. It is scorekeeping and the pin numbers and basic information about lanes and four steps. For a very raw beginner or teaching a class of beginners, it would work.

This is an above average book for the coach or persons who wish to strengthen their teams/or as an individual bowler. One must be dedicated to reading this book carefully. Offered good ideas one negative the pictures look like there from the '50's.

The book title says it all - Skills, Drills, & Strategies. It takes you from the very beginning showing basics of stance and release to straightforward strategies in approaching spares in a logical manner to ensure you convert them sensibly. Think about it, you make all your spares and your average is likely to be at least 170 - not bad for the weekly bowler. This is part of the Teach, Coach, Play series and allows you to follow a predetermined pathway to bowling success. Some of the self analysis reviews are drawn out in text but if your at the alley you won't be using them anyway - not really necessary. Get this book and you will improve.

Contains a few basics that are good to know, or even better to remember. Skills and drills are the focal point of the book.

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